

Lovers Lattice Shawl



...by Catriona

A pattern designed by Catriona Stevenson

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Beautifully soft and delightfully drapery, this simple yet elegant shawl is the perfect addition to any wardrobe. It can be worn draped over the shoulders as a traditional triangular shawl, or bunched up and worn as a light but chunky feeling scarf, making it suitable for year round wear.

Designed as a perfect project to accompany Flora Fibres' banana yarn, this pattern is suitable for all skill levels from confident beginner onwards. The banana yarn creates a wonderfully lightweight fabric with a lovely touch of interest from the slight boucle effect. And as it only uses 80g of yarn, you will still have some left over from a single skein to allow you to create something else fabulous!

Construction

This is a top down, knitted, triangular shawl with yarn over increases at both sides, and the centre. The main body is made of stockinette sections which decrease in size from the centre, and simple lattices which increase in size. The shawl is finished using "Jenny's surprisingly stretchy bind off" to allow for how much the shawl will stretch when blocked.

The pattern can be easily adapted to be bigger or smaller, and instructions for how to do so can be found at the end.

Materials

For this shawl you will require:

- 80g (530m) of Flora Fibres Yarn banana yarn (1 skein is more than enough)
- 2.5mm needle, I recommend a circular needle at least 60cm long.
- Stitch markers (optional, but helpful. Where to use them is written into the pattern, but they are not necessary if you don't want to use them)
- Row counter (optional, but helpful)

Tension and finished size

Once blocked the stockinette section should have 10 stitches and 21 rows in a 5cm x 5cm (2" x 2") square. The completed, blocked shawl will measure approximately 154cm (60") wide, and 86cm (34") high. However as this is a shawl and not a fitted garment please don't worry if your tension is a little off, as long as it is consistent.



Abbreviations

CO	cast on
k	knit
k2t	knit 2 stitches together
p	purl
pm	place marker
RS	right side
ssk	slip one stitch knitwise, slip one stitch purlwise, knit both slipped stitches together through back of loop
WS	wrong side
yo	yarn over

Instructions

1. Garter tab cast on

CO 3.

Work 7 rows in garter stitch (knit every row). Do not turn to WS at the end of row 7. With RS facing and stitches on your right needle, use your left needle to pick up 3 evenly spaced stitches down the left side of the tab and slip onto right needle (you now have 6 stitches on your right needle), then pick up a further 3 stitches from the original CO 3. You will now have 9 stitches on your needle. Turn.

WS: k3, p3, k3

2. Stockinette

Row 1(RS): k3, pm, yo, k1, yo, pm, k1, pm, yo, k1, yo, pm, k3 (=13 stitches)

Stitch markers show the edge of the 3 garter tab stitches and either side of the centre stitch. Each time you come to a marker just slip it to the other needle without changing its position in the work. Bare this in mind and be aware which side of the marker you put the yo increases when moving the marker.

All WS rows are the same, and for the purposes of this pattern will not be numbered. They are worked as follows: k3, p to final marker, k3

Row 2(RS): k3, yo, k to next marker, yo, k1, yo, k to last marker, yo, k3 (=17)

Continue following these instructions until you have worked a total of 20 RS stockinette rows, ending with a WS row (=89).

3. Lattice

Row 21(RS): k3, yo, *k2t, yo*, repeat * section until 1 stitch remains before next marker, k1, yo, k1, yo, k1, *yo, ssk*, repeat * section to last marker, yo, k3 (=93)

WS rows as above.

Work a total of 5 RS lattice rows following these instructions, ending with a WS row (=109)

4. Stockinette

Work 15 RS rows following the stockinette instructions, ending with a WS row (=169)

5. Lattice

Work 10 RS rows following the lattice instructions, ending with a WS row (=209)

6. Stockinette

Work 10 RS stockinette rows, ending with a WS row (=249)

7. Lattice

Work 15 RS rows of lattice, ending with a WS row (=309)

8. Stockinette

Work 5 RS stockinette rows, ending with a WS row (=329)

9. Lattice

Work 20 RS lattice rows ending with a WS row (=409)

10. Bind off

I recommend using "Jenny's surprisingly stretchy bind off", as described here, however if you have a different stretchy bind off which you prefer then you can use it instead.

Start by wrapping the yarn around your right needle from the back, then over the top, to create a reverse yo. Knit 1 stitch (you now have 2 stitches on your right needle). Pass the reverse yo stitch over the knitted stitch as you would in a normal bind off. The extra stitch which is created and then bound off provides the stretchiness we need.

Make another reverse yo and knit the next stitch (you now have three stitches on your right needle). Pass the centre and right hand stitches over the latest knit stitch on the left, either individually or at the same time.

Continue in this manner until only 1 stitch remains, then cut the yarn and pull it through the final stitch.

Finally weave in the ends, block, and you're done!

Adapting the pattern

The beauty of this pattern comes from the symmetry of the decreasing size of the stockinette sections, paired with the increasing size of the lattices. To make the pattern bigger you could start with 25 rows of stockinette, then 5 lattice, 20 stockinette, 10 lattice, etc decreasing each stockinette section by 5 each time, and continuing until you finish with 25 rows of lattice. This would give your shawl 10 sections instead of 8 as above, and a total of 609 stitches to bind off.

Similarly to make a smaller version you could start with only 15 rows of stockinette, and finish with 15 rows of lattice. This would give 6 sections in total and 249 stitches to bind off.



Another easy way to customise the pattern would be to use different colours of yarn for the stockinette and lattice sections, creating even more of a visual contrast.

Do you need any help?

If you have any questions about this pattern, please don't hesitate to get in touch! I can be contacted by email at Catriona@florafibresyarn.com

I'd love to see your finished creations! Please do upload some finished photos to Ravelry if you use it, linking to the pattern, and if you share photos of your shawl on Instagram you can tag me (@flora_fibres_yarn) or use the hashtags #loverslatticeshawl and #florafibres so we can all see!

Happy knitting!

Catriona